

## **GSHS Acute and Subacute Referral Form INSTRUCTIONS**

Please note: GSHS does not have rehabilitation/GEM beds.

### Instructions for completing form

- Please complete all sections and pages of referral form
- Please fax referrals to appropriate site.
- If client is happy to be referred to either campus, please ensure form is faxed to both.
  - Korumburra campus
    - Phone (03) 5654 2753
    - Fax no (03) 5654 2769
  - Leongatha campus
    - Phone (03) 5667 5669
    - Fax no (03) 5667 5626
- Referrals will not be accepted if form is incomplete
- Please ensure all appropriate documents are attached to referral
- Should you have any questions please don't hesitate to call



Unit Record No \_\_\_\_\_  
Surname \_\_\_\_\_  
Given Name \_\_\_\_\_  
Address \_\_\_\_\_  
Phone \_\_\_\_\_  
D.O.B \_\_\_\_\_ Sex \_\_\_\_\_

## Acute and Subacute Referral

### Referrer's Details

Hospital/Agency: \_\_\_\_\_ Date of Referral: \_\_\_\_\_

Ward/Unit: \_\_\_\_\_ Contact Person: \_\_\_\_\_

Contact Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_

Reason for Referral: \_\_\_\_\_

Referral Type: ☐ Acute ☐ Palliative Care ☐ Maternity ☐ Maintenance Care

When will patient be ready for transfer? ☐ ASAP ☐ Within a week  
☐ Within a month ☐ More than a month

Diagnosis/Medical History: \_\_\_\_\_

Past Medical/Psych History: \_\_\_\_\_

Treatment Plan: : \_\_\_\_\_

Allergies/Sensitivities/Reactions: \_\_\_\_\_

Do they have private health insurance? ☐ No ☐ Yes – details: \_\_\_\_\_

Does this person need rehabilitation? ☐ No ☐ Yes – details: \_\_\_\_\_

Does this person need maintenance care? ☐ No ☐ Yes – details: \_\_\_\_\_

Does this person need nursing home care? ☐ No ☐ Yes – details: \_\_\_\_\_

### Infection Control

Does the patient exhibit:

- |  |   |
|--|---|
| <input type="checkbox"/> Copious drainage from a wound or abscess                                  | <input type="checkbox"/> Diarrhoea                |
| <input type="checkbox"/> Incontinence of bowel   | <input type="checkbox"/> Skin shedding lesions    |
| <input type="checkbox"/> Urinary catheter  | <input type="checkbox"/> Uncontained sputum/urine |
| <input type="checkbox"/> Non-compliance with infection control practices                           | <input type="checkbox"/> Immunosuppression        |
| <input type="checkbox"/> Invasive devices  |   |
| <input type="checkbox"/> Was recently overseas in a country with endemic multi resistant organisms |   |

### Client Details

Country of Birth: \_\_\_\_\_ Language spoken at home: \_\_\_\_\_

Next of Kin's Name: \_\_\_\_\_ NOK's Phone: \_\_\_\_\_

(Place Patient Label Here)

Unit Record No \_\_\_\_\_  
Surname \_\_\_\_\_  
Given Name \_\_\_\_\_  
Address \_\_\_\_\_  
Phone \_\_\_\_\_  
D.O.B \_\_\_\_\_ Sex \_\_\_\_\_

## Skin Integrity

☐ Intact ☐ Broken – if “broken” location: \_\_\_\_\_  
Aetiology: \_\_\_\_\_  
Current management: \_\_\_\_\_  
Wound swab results: \_\_\_\_\_  
Pressure injury grade: ☐ 1 ☐ 2 ☐ 3 ☐ 4

## Social/Family Supports

Lives with: ☐ Alone ☐ Family ☐ Friends ☐ Attendant ☐ Other \_\_\_\_\_  
Supports: ☐ Meals on Wheels ☐ Home Help ☐ Carer ☐ Community/DNS/Private Nursing  
☐ Other \_\_\_\_\_ ☐ Case Manager Name: \_\_\_\_\_  
Comments: \_\_\_\_\_

## Elimination

**Urine:** ☐ Continent ☐ Incontinent ☐ Catheter ☐ Suprapubic Catheter  
☐ Nephrostomy ☐ Ileal Conduit ☐ Other \_\_\_\_\_  
**Bowel:** ☐ Continent ☐ Incontinent ☐ Colostomy ☐ Ileostomy ☐ Suppositories/aperients  
Aids used: \_\_\_\_\_ Incidents/accidents in past fortnight: \_\_\_\_\_

## Functional Status

**Weight Bearing:** ☐ Non weight bearing ☐ Touch weight bearing ☐ Partial weight bearing  
Rationale/Length of time: \_\_\_\_\_  
☐ Weight bear as tolerated ☐ Full weight bearing  
**Transfers:** Bed mobility: ☐ Independent ☐ Supervised ☐ Assisted ☐ Dependent  
In/out of bed: ☐ Independent ☐ Supervised ☐ Assisted ☐ Dependent  
In/out of chair: ☐ Independent ☐ Supervised ☐ Assisted ☐ Dependent  
Mobility: ☐ Independent ☐ Supervised ☐ Assisted ☐ Dependent  
Aids: \_\_\_\_\_ Endurance: ☐ <17m ☐ >50m  
Has own equipment: ☐ Yes ☐ No

## Activities of Daily Living:

Grooming: ☐ Independent ☐ Supervised ☐ Assisted ☐ Dependent  
Bathing: ☐ Independent ☐ Supervised ☐ Assisted ☐ Dependent  
Dressing: Upper body: ☐ Independent ☐ Supervised ☐ Assisted ☐ Dependent  
Dressing: Lwr body: ☐ Independent ☐ Supervised ☐ Assisted ☐ Dependent  
Toiletting: ☐ Independent ☐ Supervised ☐ Assisted ☐ Dependent

Other functional matters: \_\_\_\_\_  
Falls history: \_\_\_\_\_  
Current falls risk rating: \_\_\_\_\_  
Medication list: \_\_\_\_\_  
Pain: ☐ Acute ☐ Chronic  
☐ Palliative – describe management plan: \_\_\_\_\_

(Place Patient Label Here)

Unit Record No \_\_\_\_\_  
Surname \_\_\_\_\_  
Given Name \_\_\_\_\_  
Address \_\_\_\_\_  
Phone \_\_\_\_\_  
D.O.B \_\_\_\_\_ Sex \_\_\_\_\_

## Cognition/Behaviour

Short term memory: ☐ Impaired ☐ Not impaired  
Insight: ☐ Impaired ☐ Not impaired  
Confused: ☐ Yes ☐ No  
Comprehension: ☐ Impaired ☐ Not impaired  
Expression: ☐ Impaired ☐ Not impaired  
Social Interaction: ☐ Impaired ☐ Not impaired  
Problem solving: ☐ Impaired ☐ Not impaired  
Wandering: ☐ Yes ☐ No  
Restless/Agitated: ☐ Yes ☐ No  
Psychosocial Issues: ☐ Yes ☐ No  
Mini mental score: \_\_\_\_\_

Comment on capacity to improve: \_\_\_\_\_

## Nutrition

Weight: \_\_\_\_\_ BMI: \_\_\_\_\_ Malnutrition Score (MST): \_\_\_\_\_

Dietitian Referral Sent: ☐ No ☐ Yes – status \_\_\_\_\_ Report attached ☐ No ☐ Yes

**Feeding:** ☐ Independent ☐ Supervised ☐ Assisted ☐ Dependent  
☐ Enteral feeding attached ☐ N/A ☐ Yes ☐ No reason \_\_\_\_\_  
☐ Modified food/fluids specify: \_\_\_\_\_

## Speech

Referral Sent: ☐ No ☐ Yes – status \_\_\_\_\_ Report: \_\_\_\_\_

Normal Swallowing ☐ Yes ☐ No – reason \_\_\_\_\_

No difficulties with understanding language ☐ Yes ☐ No – reason \_\_\_\_\_

No difficulties communicating with others ☐ Yes ☐ No – reason \_\_\_\_\_

## Special Needs

☐ Hearing Impaired ☐ Vision impaired ☐ Literacy  
☐ Haemodialysis ☐ IV Therapy ☐ Bariatric ☐ Pressure equipment  
☐ Oxygen ☐ Palliative care  
☐ Other (braces, splints, prosthesis) \_\_\_\_\_  
☐ Dressings \_\_\_\_\_

(Place Patient Label Here)

Unit Record No \_\_\_\_\_  
Surname \_\_\_\_\_  
Given Name \_\_\_\_\_  
Address \_\_\_\_\_  
Phone \_\_\_\_\_  
D.O.B \_\_\_\_\_ Sex \_\_\_\_\_

### Follow Up Tests/Appointments

Date	Time	Test/Appointment	Location

### Long-term Plan (✓ if applicable)

- ACAS referral sent: ☐ Yes ☐ No  
ACAS in progress: ☐ Yes ☐ No  
ACAS complete: ☐ Yes ☐ No  
☐ Yet to be determined ☐ Home independently / services / carer  
☐ Respite care ☐ Hospice  
☐ Supported residential service ☐ Transitional care program – home based  
☐ Residential care ☐ Transitional care program - residential

### Other

- ☐ Enduring power of attorney / administrator / guardianship / substitute decision maker  
☐ No ☐ Required ☐ Pending ☐ Yes

Name and contact details: \_\_\_\_\_

End of life plan/Advance care plan complete? ☐ Yes ☐ No

Attached: ☐ Yes ☐ No

Is the client aware of this referral? ☐ Yes ☐ No

If "no", why? \_\_\_\_\_

### Campus for admission:

☐ Korumburra ☐ Leongatha

☐ Either (Please identify preference): \_\_\_\_\_

### IMPORTANT:

Please attach copies of:

- ☐ Medication chart  
☐ Recent pathology / radiology reports  
☐ Allied Health Transfer letters  
☐ Signed patient consent (Maintenance Care only)  
☐ Other (please list) \_\_\_\_\_

Name of person completing this form: \_\_\_\_\_ Tel No: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

THANK YOU

\*\*\*Please complete next page for all maintenance referrals

**Korumburra campus**

Phone: 5654 2753

Fax no: 5654 2769

**Leongatha campus**

Phone: 5667 5669

Fax no: 5667 5626

(Place Patient Label Here)

Unit Record No \_\_\_\_\_  
Surname \_\_\_\_\_  
Given Name \_\_\_\_\_  
Address \_\_\_\_\_  
Phone \_\_\_\_\_  
D.O.B \_\_\_\_\_ Sex \_\_\_\_\_

**Patient information re MAINTENANCE CARE at Gippsland Southern Health Service**

Dear Sir/madam,

Your current clinicians have recommended that you continue your care under our "maintenance program".

This program aims to prevent deconditioning whilst you wait for any of the following:

- Build up confidence to return home with or without home services.
- Await an Aged Care Assessment
- Await an Aged Care Placement
- Your clinical condition although stable prevents you from commencing a GEM/ Rehabilitation program eg post surgery and waiting for bone healing before starting an intensive rehabilitation program.

The program aims to promote Activities of Daily Living (ADL'S), so it is expected that you will dress every day and participate in activities that represent ADL's.

Please note, this is **not** a rehabilitation program but initially you will be assessed by Allied Health Professionals who will set up a plan in conjunction with yourself and significant others such as family and care staff. With your consent and cooperation care staff will implement the plan daily with only intermittent follow up with Allied Health staff.

If your doctor is from Leongatha or Korumburra it is appropriate that they continue your care at the relevant campus.

In order for you to come on the program you must be in good health with no acute issues such as an infection (clinically stable) so please be sure there are no issues that still need to be dealt with by your current doctor. There will need to be a handover from your current doctor to the receiving doctor and he must be satisfied of your level of medical stability before you can be admitted.

If you have any follow up appointments at another facility that you are able to arrange transport to attend post admission. The other option is that the appointment can be conducted over teleconference or eHealth. This will reduce costs and inconvenience to all parties involved.

If you have any questions, please call any of the above numbers. We ask that you sign this document to ensure your understanding of the program and ask your current ward staff to fax back.

Signature \_\_\_\_\_ Print name \_\_\_\_\_

Date \_\_\_\_\_

Thank You