



IMPACT

Interprofessional Management Program for Assessment, Coordination & Therapy

Who is the IMPACT Program for?

IMPACT (Inter-professional Management Program for Assessment, Coordination & Therapy) is a program for people with complex chronic health needs. These can include;

- Chronic Pain Issues
- Neurological conditions
- Chronic Disease Management
- Mobility Issues

The Program

IMPACT is an integrated hospital-based program which runs over 8 consecutive weeks, consisting of education, exercise and relaxation sessions. Focusing on helping you manage your chronic condition.

Program details

Place: GSHS – Leongatha Hospital, Primary Health Department
Times: Fridays – 9:00am to 12:00pm
Length of Program: 8 weeks

Each week you will participate in a small group Physiotherapy session, and have morning tea and an education session with the whole group. Each week you will also have one-on-one appointments with two other health professionals, for example you might see the Dietitian and the Social Worker one week, and the next you would see the Nurse and the Occupational Therapist.

At the end of the eight-week program, you will be offered the opportunity to become involved in other social, educational and exercise activities that Gippsland Southern Health Service offers as well as referrals into individual services as needed.

Referrals to the IMPACT Program

The IMPACT program currently runs at the Leongatha Campus of Gippsland Southern Health Service. Referrals can be made by General Practitioners, Allied Health Professionals and Community Health Professionals. Self-referral is also considered.

To discuss referrals, contact Chen Ma (IMPACT Coordinator) or Beth Shields (Occupational Therapist and Team Leader) via 5654 2725 or 5654 2777.

Please note there is a \$55 fee for this service which covers the eight-week program, refreshments and resources. Fee reductions will be considered on a case-by-case basis.

Other information

Transport assistance may be available.

The IMPACT program is available to all residents who live in South Gippsland.